

my doctor, to be released, I would have to be released in two days, so I did that, whether this is true or not I couldn't say, but some parties believe this isn't true. Mrs. W also said the powers that be might also step in and stop my release. Friday will tell. I shall remain positive mentally towards this goal.

About Music Therapy, the method employed does help me use my head and work on my self expression is needed as I am not the most open person in the world.

I am newly filled with my medication, a Melaril Sandoz 50 pill and a certain magic juice, both which make me feel like I'm flying and distort my perception, and I feel they are making me mental worse than since I've been here.

I

In an area of same
oldness, feeling walls
surround, killing freedom
feeling of nothing to do,
I write and write to
create something of beauty,
of time notching worth,
head beating on walls of
truth wondering why
you are there or here or
anywhere away from love
and loved ones, making you
happy, or just making you.

II

End childish wondering